

Blackbird Clinical Services Therapy (required information by state)

Last updated: August 3, 2023

Pennsylvania teletherapy disclosure statement

WELCOME

Before you begin receiving teletherapy services from Blackbird Health, we'd like to share the information below with you, as required by the Pennsylvania Board of Examiners for Social Workers and Professional Counselors. Please read through this document carefully and ask your therapist about information that seems unclear before you begin counseling, or at any time throughout your course of treatment.

YOUR RIGHTS

As licensed therapists, we desire to integrate sound cognitive behavioral therapy principles in your treatment. You are entitled to receive information from any therapist concerning our methods of therapy, the techniques used, an estimation of the duration of your treatment, risks and benefits of counseling, confidential communication, and access to your records. You also have the right to know what other treatment options are available and the possible effectiveness of those alternatives. You may at any time seek a second opinion from another clinician and/or terminate the counseling process. Therapists need to be informed if you are working with more than one counselor. In a professional relationship with a therapist, sexual intimacy is never appropriate and should be reported to the board that licenses, registers, or certifies that therapist.

HIPAA provides you with several new or expanded rights regarding your Clinical Record and disclosures of protected health information. These rights include requesting that your therapist amend your record; requesting restrictions on what information from your Clinical Record is disclosed to others; requesting an accounting of any disclosures of protected health information that you have neither consented to nor authorized; determining the location to which protected information disclosures are sent; having any complaints you make about our policies and procedures recorded in your records; and the right to another copy of this Notice upon request.

Disclosure of experience, degrees, licensing, and other certifications

You have the right to be informed regarding the degrees, credentials, certifications, registrations, and licenses held or obtained by your therapist. This includes the education, experience and

training that were required to satisfy the degrees, credentials, certifications, registrations, and licenses. We have multiple licensed therapists who are working through our teletherapy practice.

This information is required by the Board of Social Workers, Marriage and Family Therapist, and Professional Counselors which regulates social workers, marriage and family therapists and counselors. The board can be contacted at:

State Board of Social Workers, Marriage and Family Therapists and Professional Counselors
P.O. Box 2649
Harrisburg, PA 17105-2649
Phone: (717) 783-1389
Fax: (717) 787-7769